

# Referral Form

## Mindfulness-Based Interventions



*Thank you for your referral. All participants must have a primary care physician & complete their registration at MindfulnessStudies.com*

### Patient Information

**\*Required information**

\*First Name: \_\_\_\_\_ \*Date of Birth: M\_\_\_\_/D\_\_\_\_/Y\_\_\_\_\_  
\*Last Name: \_\_\_\_\_ \*Email: \_\_\_\_\_  
Address: \_\_\_\_\_ \*Phone #: (\_\_\_\_)\_\_\_\_\_  
\_\_\_\_\_ \*OHIP #: \_\_\_\_\_  
City: \_\_\_\_\_ OHIP VC: \_\_\_\_\_  
Province: \_\_\_\_\_ Recommended Program/s (e.g. MBCT, CBT, etc.):  
\*Postal Code: \_\_\_\_\_ \_\_\_\_\_

Reason for Referral: \_\_\_\_\_  
\_\_\_\_\_

Client History/Medications: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Referral Source Information

\*First Name: \_\_\_\_\_ \*Referral Date: \_\_\_\_\_  
\*Last Name: \_\_\_\_\_ \*Fax: (\_\_\_\_)\_\_\_\_\_  
Organization: \_\_\_\_\_ \*Phone: (\_\_\_\_)\_\_\_\_\_  
Address: \_\_\_\_\_ Email: \_\_\_\_\_  
\_\_\_\_\_ Designation (e.g. MD, NP): \_\_\_\_\_  
City: \_\_\_\_\_ Province: \_\_\_\_\_ Specialty (if applicable): \_\_\_\_\_  
\*Postal Code: \_\_\_\_\_ Billing #: \_\_\_\_\_

**Please send completed referral form to the Centre for Mindfulness Studies**

**by fax: (855) 344-9519 or email: [info@mindfulnessstudies.com](mailto:info@mindfulnessstudies.com)**

180 Sudbury Street, Toronto, Ontario M6J 0A8

**Phone: (647) 524-6216**

**MindfulnessStudies.com**

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