

DROP - INS AT

YOUTH NET





COME HANGOUT WITH YOUTH NET AND GET A FEEL FOR WHO WE ARE!

Youth Net is a bilingual, for youth by youth mental health promotion program offering alternative and complementary support services for youth aged 13 to 20. We strive to increase young people's ability to live a balanced mental health lifestyle while reducing stigma around mental illness and its various treatment options through prevention, intervention, education, research and advocacy.

CONTACT US

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